



Minicrew Activity

Get Rolling with Innovation

3 tips to move it forward

Read the prompts below and respond underneath each column. You can print this paper and write directly on it, or respond in your journal/sketchbook. Make it unique to you!

1. Daily Journal

Aim for something daily.. even just 5 minutes is a start. You just need a basic pencil and paper, or you can find a sketchbook and pen from a local store.

I'll respond by...

2. Explore Formats

Sometimes a few basic prompts will help, and at the same time you can mix it up with sketches, diagrams, and words.. it's your canvas, don't hold back!

I'll respond by...

3. Talk it Over

Take some time to talk with your friends or family, and make it a habit to keep the dialogue going, you never know what other ideas might come up.

I'll respond by...



Minicrew Activity

Get Rolling with Innovation

What does innovation look like through you?

Use this journal and reflection activity to help you get some clarity around what innovation might mean for your life. Be honest with yourself and remember things don't have to stay the way they are, this is an opportunity to make a change!

Your Direction

What would you LOVE to see happen that's positive for you, and others?
Something that's unique to you?

Roadblocks

Do you have any reasons why to stop? Something that says "Nah... I can't because" or "It won't because"

Get Rolling

How can you start rolling today?
What are some action steps you can take to gain momentum?



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